

Japanese Ginger

(*Zingiber mioga*)



This plant is frost hardy throughout the UK. It would prefer a shady or partially shady position, not too dry, but will grow in sun in moist soils.

The plant grows from rhizomes and will produce a clump within a few years. The plant you have received will be a strong one year potted plant. During the winter months it will have no growth showing but the pot will contain strong rhizomes ready to grow away in spring. Plant outside in a suitable position and label to remember where you have planted it.

It will need no further care other than watering if dry. Shoots will begin in spring, slowly at first (protect from slugs at this stage) and then more quickly, the shoots reaching around 90 cms on mature plants.

Large clumps can be divided in spring just as growth starts.

Edible parts – the young shoots, steamed as a vegetable and the unopened flower buds. These appear in September at ground level! They can be removed before the flower opens and used in a number of Japanese dishes or sliced thinly in salads or in stir fries.

